

# Cataplex® A-C

0575

Please Copy for Your Patients

## Cataplex A-C Contains Multiple Nutrients From a Variety of Plant and Animal Sources

Cataplex A-C supports immune function and maintains healthy epithelial and connective tissues. The whole food ingredients in Cataplex A-C boost the immune system by providing vitamin complexes A and C as well as important antioxidants from carrot root. Cataplex A-C also contains whole foods such as alfalfa flour, dried alfalfa juice, mushroom, and dried buckwheat leaf juice. Cataplex A-C contains essential amino acids from veal bone to support immune function and tissue maintenance and repair. Together, these amino acids, vitamin complexes, and antioxidants work in concert to support healthy immune function and proper maintenance and support of epithelial tissues.†

## How Cataplex A-C Keeps You Healthy

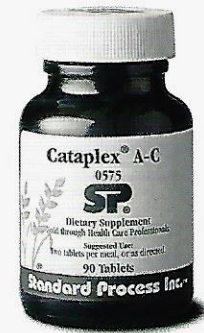
### Supports healthy tissue maintenance

Studies reveal that vitamin C is required for connective tissue support and maintenance. The branched amino acids, isoleucine, leucine, and valine, are used for immediate energy needs in muscle tissue and support muscle, bone, and skin tissue. Lysine is a necessary building block for all proteins and is needed for proper growth and bone development in children. Lysine also helps in the formation of collagen, which is crucial to the support and health of muscle tissue, and aids calcium absorption. It also supports the natural production of antibodies, hormones, and enzymes. Threonine, found in the heart, skeletal muscle, and central nervous system, is important to collagen and elastin.†

### Enhances immune response

Vitamin C has demonstrated ability to increase the immune response of some cells. While the precise function that vitamin C plays in the immune response remains a mystery, clinical evidence supports the belief that vitamin C is intimately involved in immune function and response.†

Components of carrot root are thought to promote healthy cellular function by protecting DNA from oxidation. Research suggests that the antioxidant activity in carrots is due to naturally-occurring lycopene, alpha and beta carotene, and lutein. Animal studies have found that extracts from carrots and tomatoes effect biochemical and cellular events. Histidine is necessary for the production of red blood cells, white blood cells, and myelin sheath around neurons. It is also the precursor for histamine, an important immune system protein.†



*Introduced in:*

1950

*Content:*

90 Tablets

### Supplement Facts:

Serving Size: 2 tablets  
Servings per Container: 45

		%DV
Calories	3	
Vitamin A	1,500 IU	30%
Vitamin C	11 mg	20%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Cataplex® A-C

## What Makes Cataplex A-C Unique

### Unique Product Attributes

#### Ingredients are derived from whole-food sources

- Carrot and veal bone provide naturally-occurring antioxidants, vitamins, and amino acids†

#### Multiple nutrients from a variety of plant and animal sources

- Bovine adrenal and kidney provide glandular support
- Carrots, echinacea, alfalfa, mushroom, and buckwheat provide antioxidants and immune system support†

### Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

### Unique Processing

#### Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in Cataplex A-C are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Two tablets supply 120 mg carrot powder, 65 mg echinacea root powder, 45 mg bovine adrenal, and 45 mg bovine kidney.

**Proprietary Blend:** Carrot (root), echinacea (root), calcium lactate, bovine adrenal, bovine kidney, nutritional yeast, magnesium citrate, alfalfa flour, dried alfalfa juice, mushroom, dried buckwheat (leaf) juice, buckwheat (seed), bovine bone, defatted wheat (germ), oat flour, soybean lecithin, veal bone, mixed tocopherols (soy), peanut (bran), and carrot oil.

**Other Ingredients:** Honey, ascorbic acid, arabic gum, calcium stearate, vitamin A palmitate, and gelatin.

**Suggested Use:** Two tablets per meal, or as directed.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex® A-C.

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