# Cardio-Plus Contains Bovine Heart PMG™ Extract, Choline, Vitamin B<sub>6</sub>, and Naturally-Occurring Coenzyme Q<sub>10</sub>, Substances That Help Maintain the Cardiovascular System

The cardiovascular system is the network of arteries, veins, and capillaries that carry blood back and forth from the heart to the tissues in the body. Blood carries oxygen, hydrogen, and carbon (in the form of simple sugars) to cells where they are used as the basic fuel of the body. It carries other nutrients, including amino acids and vitamins, enzymes, hormones, and immune system factors and agents. For the cardiovascular system to function, the heart muscle must be strong and the blood vessels must be clear, unobstructed, and sufficiently dilated to adequately transport the blood. It is especially critical that the vessels carrying blood to heart tissues are healthy, otherwise this critical organ cannot serve the rest of the body. Restrictions in these vessels can occur gradually over the years or in a sudden cataclysmic occurrence.†

## How Cardio-Plus Keeps You Healthy

## Helps maintain a healthy heart

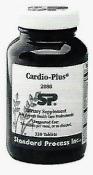
Studies suggest that vitamin B<sub>6</sub> helps maintain a healthy and strong heart. Vitamin B<sub>6</sub> supplementation may also help maintain healthy blood pressure and circulation.†

## Helps maintain proper levels of homocysteine in the blood

Choline maintains healthy homocysteine levels. Healthy homocysteine levels have been correlated with maintaining healthy blood vessel diameter.†

## Helps maintain proper vascular functioning

Coenzyme Q<sub>10</sub> protects lipoproteins in the blood from free radical oxygen and, in so doing, helps maintain the health of the cell walls of the cardiovascular system.†



## Introduced in: 1956

## Content:

90 Tablets - 2065 330 Tablets - 2080

## Supplement Facts:

Serving Size: 2 tablets Servings per Container: 45 or 165

		%DV
Calories	4	
Cholesterol	5 mg	1%
Total Carbohydrate	1 g	<1%*
Vitamin C	14.5 mg	25%
Vitamin E	2 IU	6%
Riboflavin	1.6 mg	100%
Niacin	14 mg	70%
Vitamin B <sub>6</sub>	0.5 mg	25%
Selenium	2.8 mcg	4%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.



# Cardio-Plus

## What Makes Cardio-Plus Unique

## **Unique Product Attributes**

## Multiple nutrients from a variety of animal tissues

- Extracts from bovine, porcine, and ovine tissues provide nutrients and support to the corresponding tissues in humans
- · Vitamins, minerals, and nutrients from animal tissues work synergistically for maximum effect
- Contains naturally-occurring Coenzyme Q<sub>10</sub> from bovine heart PMG™ extract
- A combination product formulated to support the cardiovascular system

## Contains Protomorphogen™ extracts

- Standard Process' unique manufacturing method of deriving tissue cell determinants from animal glands and organs
- Help provide cellular support and rehabilitation in corresponding human tissues
- · Important antigenic properties of nucleoprotein-mineral determinants, the foundation of the product†

## **Unique Processing**

## Exclusive low-temperature, high-vacuum drying technique

· Preserves the enzymatic vitality and nutritional potential of ingredients

## Not disassociated into isolated components

· The nutrients in Cardio-Plus are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

· Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

· Assures high-quality essential nutrients are delivered

#### Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Two tablets supply 110 mg bovine heart PMG™ extract and 30 mg choline.

Proprietary Blend: Bovine heart PMG™ extract, boyine liver, choline hitartrate, calcium lactate, porcine stomach, bovine orchic extract, Tillandsia usneoides powder, defatted wheat (germ), nutritional yeast, allantoin, inositol, bovine spleen, ovine spleen, bovine adrenal Other Ingredients: Honey, selenium yeast, niacinamide, ascorbic acid, mixed tocopherols

(soy), potassium para-aminobenzoate, calcium stearate, arabic gum, glycerin, riboflavin 5'phosphate, and pyridoxal 5'-phosphate. Suggested Use: Two tablets per meal, or as

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cardio-Plus®.

Aybal M., et al. 1995. Arznemittel Forschung 45(12): 1271-1273.

Polymorphisms, and B Vitamins: The Atherosclerosis Risk in Communities Study. Circulation 98: 204-210.

Olszewski A.J., Szostak. 1989. Reduction of Plasma Lipid and Homocysteine Levels by Pyridoxine, Folate, Cobalamin, Choline, Riboflavin, and Rimm E.B., et al. 1998. Folate and Vitamin B6 From Dict and Supplements in Relation to Risk of Coronary Heart Disease Among Women. JAMA 279:

359-364.

Thomas S.R., Neuzil J., Stocker R. 1997. Inhibition of LDL Oxidation by Ubiquinol-10, A Protective Mechanism for Coenzyme Q in Atherogenesis

van den Berg M., Boers G H. 1996. Homocystinuria: What About Mild Hyperhomocysteinaemia? Postgrad Med J 72(851): 513-518.