

# Calsol®

2015

Please Copy for Your Patients

## Calsol Provides a Source of Calcium, Phosphorus, and Magnesium—Three Important Minerals Essential for Good Health

People of all ages require appropriate amounts of phosphorus, calcium, and magnesium in order to prevent bone loss, support nervous system function, and maintain normal muscle response. Numerous studies conducted over the past decade reveal low levels of calcium intake among those age groups who require increased calcium intake to grow properly or prevent bone loss. Fast food, fad diets, limited resources, and poor eating habits all contribute to many Americans failing to get their daily requirements of many essential vitamins and minerals.

### How Calsol Keeps You Healthy

#### Promotes women's health

Menopausal and post-menopausal women are at increased risk for bone loss that often leads to osteoporosis. Research suggests that women who take in adequate amounts of calcium throughout their lives greatly reduce their risk of excessive bone loss later in life. It is never too late to increase calcium intake to meet the body's changing needs. Optimal calcium intake can also reduce cyclical discomfort by helping to maintain the normal functioning of the parathyroid hormone.†

#### Maintains normal nerve functioning

Calcium is essential to the normal transmission of nerve impulses.†

#### Keeps your heart healthy

The heart requires phosphorus to continue regular heart muscle contractions. Calcium helps maintain regular heart rhythm and also helps maintain healthy cholesterol levels in individuals with healthy levels.†

#### Maintains cellular health

Calcium helps the walls of cells remain porous so that substances are able to come in and go out of cells easily.†

#### Supports kidney function

Phosphorus is needed for proper kidney function.†

#### Supports metabolic processes

Calcium supplies energy and is involved in activating many enzymes necessary for breaking down fats for the body. Phosphorus helps the body use vitamins and convert food to energy.†



Introduced in:

1947

Content:

90 Tablets

#### Supplement Facts:

Serving Size: 5 tablets  
Servings per Container: 18

		%DV
Calories	3	
Total Carbohydrate	1 g	<1%*
Calcium	225 mg	20%
Phosphorus	170 mg	15%
Carbamide	165 mg	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## What Makes Calsol Unique

### Unique Product Attributes

This is a vegetarian product

Provides minerals from a variety of sources

- A balanced calcium-phosphorus supplement for long-term usage

### Unique Processing

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

*Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.*

**Ingredients:** Calcium glycerophosphate, calcium lactate, carbamide, magnesium citrate, calcium stearate, and calcium acid phosphate.

**Suggested Use:** Five tablets per meal, or as directed.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Calsol®.

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